

2023 Non-BCBSMA Fitness Benefit



Be Fit. Be Healthy. For Life.

Ocean Spray Cranberries, Inc. is proud to offer the Fitness Benefit to all *benefit-eligible employees* not enrolled in Ocean Spray medical. Whether you love the gym, prefer a specialty fitness studio, home fitness equipment, fitness trackers or mindfulness & meditation apps, we want to give you money to use towards a variety of healthy activities.

As an Ocean Spray employee, your Fitness Benefit can save you up to \$150 per calendar year in qualified fitness related costs. You must be an employee for at least 4 and active at the time of submission.

How much can you receive?

- Up to \$150.00 per calendar year for single gym memberships or specialty fitness studio classes **OR**
- Up to \$150.00 per calendar year for dedicated fitness trackers **OR**
- Up to \$150.00 per calendar year for at-home fitness equipment **OR**
- Up to \$150.00 per calendar year for mindfulness and meditation apps

What Qualifies?

- **Gym memberships** (must be a member for 4 consecutive months in calendar year to qualify) **OR**
- **Fitness studio:** YOGA, Pilates, SPIN, Barre, Kickboxing, any online programs (Beachbody, Peloton, etc.) **OR**
- **At-Home Fitness Equipment:** Treadmill, Elliptical, Weights, Stationary Bike, etc.
- **Dedicated Fitness Tracker:** Apple Watch, FitBit, Garmin, etc. **OR**
- **Mindfulness and Meditation Apps:** Headspace, Calm, etc.

How do you get paid?

It's simple. Complete the form below and supply all necessary documentation. **Please scan and email all forms and necessary documentation to fitforlifebenefits@oceanspray.com**

Employee Name:	
Benefit Year:	
Type of Purchase (Gym/Fitness Tracker/Equipment/Mindfulness App/Specialty Fitness Classes:	
Amount Requested (\$150 max):	
Did you enclose dated receipts/proof of payment?	

Reimbursement is subject to approval from the Benefits Team. Reimbursement will be reflected in your OSC pay. Please allow a pay period or two for processing.

Agreement:

I certify that the information provided in support of this submission is complete and correct and that I have not previously submitted for these services.

Employee Signature:

Please scan and email to fitforlifebenefits@oceanspray.com for review and processing of your claim.