

LIFE AND AD&D INSURANCE NEEDS WORKSHEET

How Much Life Insurance Do I Need?

To determine how much life insurance you might need, consider how your dependents might be impacted financially by the loss of your income in the event of your death. Use this worksheet to help you with your estimate:

1. Determine your current annual income or your financial contribution to the family income.

\$ _____

2. Determine how many years your spouse or children would need to replace your income after your death.

x \$ _____

3. Multiply the annual contribution (#1) by the number of years (#2). This is your full estimated contribution.

= \$ _____

4. Estimate the value of your existing assets that could be liquidated in the event of emergency (e.g., unessential real estate, cars, jewelry, etc.).

\$ _____

5. Add up your existing debts, mortgages, loans and other balances that would need to be paid (include funeral expenses, medical bills and taxes).

– \$ _____

6. Subtract the debts (#5) from the assets (#4) to obtain your household “net worth”.

= \$ _____

7. Add the net worth (#6) to the full estimated contribution (#3) amount. This will provide an estimated amount of family life insurance required to make sure the financial needs of your family are met.

\$ _____